






ARMOUR SAFE

SAFETY TRAINING & CONSULTANCY



**A COMPREHENSIVE RANGE OF COURSES
TO CLIENTS ACROSS THE UK**

www.armoursafe.co.uk

T. 01429 839 271 M. 07519 999 518 E. INFO@ARMOURSAFE.CO.UK   
THE OLD BREWERY, CASTLE EDEN, COUNTY DURHAM, TS27 4SU

As an employer, being confident that you are protecting your employees from harm is paramount. Furthermore, it is a legal requirement. The Health and Safety at Work Act states that all employees 'must receive adequate training'

At Armour Safe, we believe that adequate is not enough. We do not feel that it is in the best of interests of our clients, or ourselves, to provide merely adequate training. We therefore offer a comprehensive range of Accredited courses to suit all industries across the UK, delivered by instructors with an excess of over 20 years teaching in the Health and Safety sector.



'I found the training very informative, and the fire extinguisher training was especially memorable and enjoyable. I think the practical skills helped to retain the information learned more effectively than classroom learning alone.'

Jenna Redman – QC Analyst

ARMOUR SAFE's quality training will facilitate you in achieving both your legal requirements and individual safety goals to the highest possible standards.

Our goal is to send you, or your employees, back to the workplace confident and qualified in any and all aspects of Health and Safety that you require. What's more, we feel that training should provide students with a demonstrated level of learning, and that is why every qualification, or training course, we deliver ends with proof of learning – certificates are awarded to students upon achieving a satisfactory level of competence. Employers can therefore be assured that our training accurately demonstrates the course learning outcomes.

Stimulating enthusiasm in our students is a top priority for us as it facilitates the learning process, and helps students to really take on board the important messages being delivered.

We are very proud of our instructors who are eager to share with you their diverse knowledge of working environments as well as instructional experiences which range from International Waste Recycling concerns through to National Pharmaceuticals and more.

This special combination of diverse knowledge, industry specific experience and a passion to deliver the highest quality training available sets us apart from other companies offering similar training.

Courses are delivered at our training and conference centre situated at Castle Eden, County Durham where refreshments and lunch are provided for all our 1 day courses. Alternatively we can arrange for the training to be conducted at your place of work anywhere throughout the UK.



The warden training was a great day that I found to contain all the relevant information. The tutor **clearly had an in depth knowledge on all the subjects discussed. The videos used to accompany the presentation gave a clear message off the potential risks of small and large fires, especially the speed at which they can spread and develop under the right conditions. **The highlight of the course was getting hands on with the various types of extinguishers. This was a first time for me and I believe to be a very important part of the session.****

Matthew King - Laboratory Analyst - Stability

HEALTH AND SAFETY

All of our H&S courses are Accredited through The Chartered Institute of Environment and Health (CIEH)

The CIEH is the UK's leading awarding body for vocational qualifications in accredited food safety, health and safety and environmental protection qualifications. They have been at the forefront of environmental and public health and can be traced back to the 1840's. All exams are external verified and certificates are awarded upon successful completion of each course.



Courses include...

HEALTH AND SAFETY

- Level 1 Award in Health and Safety in the Workplace
- Level 2 Award in Health and Safety in the Workplace
- Level 2 Award in the Principles of COSHH
- Certificate in Stress Awareness

MANUAL HANDLING

- Level 2 Award Principles of Manual Handling
- Level 2 Award in Manual Handling – Principles and Practice

FIRST AID

- Level 3 Award in First Aid at Work
- Level 3 Award in First Aid at Work Re-qualification
- Level 2 Award in Emergency First Aid at Work
- Level 2 Award in Emergency First Aid at Work Re-qualification
- Annual Basic Skills Update
- Level 2 Award Basic Life Support & Safe use of an Automatic External Defibrillator AED

FIRE SAFETY

- Level 1 Award in Fire Safety Awareness
- Level 2 Award in Fire Safety Principles
- EDUCATION AND TRAINING
- CIEH Level 3 Award in Training Principles and Practice
- Level 3 Award in Preparing to Teach in the Lifelong Learning Sector

EDUCATION AND TRAINING

- CIEH Level 3 Award in Training Principles and Practice
- Level 3 Award in Preparing to Teach in the Lifelong Learning Sector

'I found the training course very informative and helpful. Ken was an excellent tutor making everybody feel very welcome. The course trained us appropriately whilst being fun and interactive. The practical element to the course was extremely helpful.'

Natalie Coombes - Technical Office

FIRST AID

The Health and Safety (First-Aid) Regulations 1981 require employers to provide adequate and appropriate equipment, facilities and personnel to enable first-aid to be given to employees if they are injured or become ill at work.



'I did a 3 day first aid course, this is something I have always wanted to do and found it very interesting. Jack explained everything in laymen's terms and found very easy to understand, Jack is also a great instructor and I would recommend this course to anyone'

When someone is in trouble our natural instinct is one of wanting to help. If you know how to assess a situation and react in the appropriate way, you will have the confidence to prevent a minor injury becoming a major one or even save someone's life, whether it be a work colleague or a family member. People can fall ill or suffer injury at anytime, it is important they receive immediate attention.

We hold interactive First Aid training sessions to spark your enthusiasm enabling you to remember what you have learnt. Delegates on our First Aid Training courses will gain invaluable life skills through practical sessions and theoretical input. Depending on the size of your business, the associated risks and the number of employees we can offer 1 day Emergency First aid at Work or a more comprehensive 3 day First Aid at Work.

The delay from someone collapsing following cardiac arrest to receiving a shock from an AED is the single most important factor in determining how likely the casualty is to survive, and having the skills and confidence to use such a device where it is available can save lives

Successful completion of the training programme will provide candidates with the essential knowledge and skills to be able to recognise when someone has suffered cardiac arrest and to respond to the emergency quickly, calmly and confidently.



FORKLIFT TRUCK & PLANT TRAINING

We offer a wide range of Forklift truck and plant training. This is carried out on your premises by our fully qualified and accredited instructors who have over 40 years of operational and instructional experience.

Courses include...

- Counterbalance and Reach Trucks
- Lorry Mounted Loader (Hiab)
- Mobile Elevated Working Platform
- Telehandler
- Powered pallet truck





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'The quality of the training was **enormously valuable.
The trainer was extremely experienced,
well prepared and spoke well throughout...'**

Adam Brown, QA Pharmacist/Superintendent Pharmacist